John Wooden on Success

By Susan Ellis

This summer I received a nice compliment from a skater comparing me to basketball coach John Wooden. Although I was slightly familiar with John Wooden I decided to find out more about him. After some research I only wish I could be half as good in both accomplishment, philosophy, and life! John Wooden embodies what the ideals of sports should be and what we should all aspire to. Sport is about life, and life is about learning, not only from our successes, but also our defeats, from our peaks and from our valleys. I found this interview he did which I found truly inspiring and embodies the true spirit of sport we should all aspire to.

- A must listen for all coaches, athletes, parents, and administrators. http://www.ted.com/talks/john_wooden_on_the_difference_between_winning_and_succ ess.html

More interviews:

http://www.spotlight.ucla.edu/john-wooden/

More about John Wooden https://en.wikipedia.org/wiki/John_Wooden

If we could all aspire to be like John Wooden what a wonderful world it would be!